

South Asian LGBTQ+ signposting

There are times when we all need further support, and that isn't a weakness.

We've listed some organisations specifically focused on South Asian LGBTQ+ people below that you might want to reach out to. Remember whatever you're facing, you're not alone. It Gets Better.

Black Beetle Health

Black Beetle Health addresses health inequalities for all LGBTQ+ People of Colour in the UK. They have an extensive online resource hub.

Website: www.blackbeetlehealth.co.uk/resources

Gaysians

Gaysians is a digital resource hub focused on South Asian LGBTQ+ voices.

Website: www.gaysians.org/resources

Desi Rainbow

Desi Rainbow works to provide affirming spaces for South Asian LGBTQIA+ individuals and their families to talk about issues related to gender identity and sexual orientation.

Website: www.desirainbow.org

Hidayah LGBT

Hidayah is a charity focused on the needs and experience of LGBTQ+ Muslims, including South Asian Muslims. They run events, provide 1:1 mentoring, and have an in-depth online wellbeing resource hub.

Website: hidayahlgbt.com/wellbeing

Email: hello@hidayahlgbt.co.uk